

### **An approach to Venous Disease – From the patient’s perspective**

- You have been identified as a potential patient with **venous reflux disease** during an office visit, through a referral, your visit to our web site or review of the Venous History Form, Screening, etc.
- After having seen the health care giver you will be scheduled for a **Venous Ultrasound Insufficiency Study** which is more involved than the Ultrasound you are accustomed to obtaining at the hospitals. It looks for clots and venous reflux.
- If the study is positive, it will be determined if you have worn **thigh high compression stockings (20-30 mm Hg) or ACE wraps**, in the past, which may be (re)initiated at this visit for **6 to 12 weeks** depending on your insurance with other conservative management. If not, you will order them from Amazon (best choice) / pharmacy / medical supply place.
  - If you **fail conservative management** and are a candidate, you can proceed to **ClosureFAST venous ablation procedure** consultation and insurance pre-certification for treatment. You will be scheduled for the procedure.
  - If otherwise, compression stocking or ACE wraps, will be ordered on your behalf, and conservative management continued
- Your scheduled procedure will generally take **less than 60 minutes**. You will **walk out of your procedure room** and continue with post-operative orders. The **compression bandage** placed, will be worn for **48 to 72 hours**. After removing the bandage, **resume the compression stockings again, during waking hours, these will be worn for the entire duration and up to 2 weeks** after treatment of all your venous segment(s).
- You will return in 72 hrs. or 1 week, for a post-op ultrasound scan to verify vein closure that will only take about 15 minutes. This is repeated in 6 months. You **do not wear stockings the day before any of your scheduled testing or procedures or follow ups and drink plenty of fluids**.
- Most of you will return to see the physician within 30-days for a follow-up, or will be scheduled for additional procedures, if there are additional veins to treat.
- The cardiovascular benefits also reflect in a dropping blood pressure, which you may experience as weakness or dizzy spells, especially if you are on blood pressure medications, please notify the office immediately
- You may notice tingling or burning along the vein if it courses superficially, with the inflammatory changes which help seal the sealed vein, reflecting in the nerve tissue below the skin.
- For easier access we now have a **24 hour hotline** set up for true emergencies
- Once again, I take this opportunity to thank you for allowing us to take care of you and/or your loved ones' cardiac and vascular needs.

Dr. Anil H. Jhangiani and the staff of Advanced Cardiovascular Care

**Tel: (937) 979 1038. For emergencies only: (937) 463 1500.**